

PECO Cross Country League 2022-23: Race 3 (West Park / Beckett Park)

Senior Ladies Results

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	2858	Kemshall	Sarah	St Therasas AC	FSEN	27:14	1		
2	3008	Cairns	Hannah	Wharfedale Harriers	FSEN	27:45	2		
3	2972	Whalley	Rebecca	Valley Striders AC	FSEN	27:46	3		
4	3279	Hunter	Sarah	Ackworth Road Runners	FSEN	27:48	4		
5	3115	Wall	Aisling	Horsforth Harriers	FSEN	28:14	5		
6	2315	Jackson	Niamh	Horsforth Fellandale	F40	28:25	1	Y	
7	2848	Grant	Jane	St Therasas AC	FSEN	28:26	6		
8	3173	Robbs de La Hoyde	Fran	Rothwell Harriers & AC	FSEN	28:46	7		
9	2920	Harris	Samantha	Valley Striders AC	F40	28:56	2		
10	2590	Johnson	Flora	Leeds & Bradford Triathlon Club	FSEN	29:03	8		Y
11	3171	Hardy	Emma	Rothwell Harriers & AC	F40	29:08	3		
12	2457	Tecwyn	Sam	Hyde Park Harriers	FSEN	29:10	9		
13	2996	Legg	Emily	Wetherby Runners AC	FSEN	29:16	10		
14	3175	Thornton	Laura	Rothwell Harriers & AC	FSEN	29:32	11		
15	2907	Baynes	Georgia	Valley Striders AC	FSEN	29:33	12		
16	2735	Howard	Claire	Roundhay Runners	F50	29:49	1		
17	2275	Ellis	Davina	Harrogate Harriers & AC	F40	29:56	4		
18	2246	Whiteman	Jen	Chapel Allerton Runners	FSEN	29:57	13		
19	2725	Fowler	Morag	Roundhay Runners	F45	30:01	1		
20	2045	Kondo	Masako	Abbey Runners	F45	30:05	2		
21	2269	Beeden	Georgina	Harrogate Harriers & AC	FSEN	30:11	14		
22	3000	Reeve	Angela	Wetherby Runners AC	F45	30:13	3		
23	3070	Clark	Faye	Abbey Runners	FSEN	30:14	15		
24	2133	Cartwright	Poppy	Airecentre Pacers	FSEN	30:24	16		
25	2357	Baldry	Honor	Hyde Park Harriers	F35	30:26	1		
26	2938	Nancolas	Hayley	Valley Striders AC	F40	30:35	5		
27	2912	Davidson	Rachel	Valley Striders AC	FSEN	30:37	17		
28	2292	Robinson	Emma	Harrogate Harriers & AC	F40	30:46	6		
29	2455	Taswell-Fryer	Eliza	Hyde Park Harriers	FSEN	30:48	18		
30	2071	Richards	Alexandra	Abbey Runners	FSEN	30:48	19		
31	2761	Say	Julia	Roundhay Runners	F45	30:58	4		
32	2666	Allard	Lili	Rothwell Harriers & AC	F35	31:02	2		
33	3265	Dresser	Angeline	Valley Striders AC	FSEN	31:21	20	Y	
34	2018	Cobo	Andrea	Abbey Runners	FSEN	31:31	21		
35	2438	Ramsden-Young	Amy	Hyde Park Harriers	FSEN	31:38	22		
36	3055	Hurn	Lucy	York Triathlon Club	F45	31:48	5		
37	3220	Needham	Lucy	Wharfedale Harriers	F35	31:51	3		
38	2202	Hill	Katherine	Chapel Allerton Runners	F35	31:53	4		
39	2870	Roddy	Annie	St Therasas AC	F40	31:55	7		
40	3366	Walmsley	Nicola	Roundhay Runners	F40	32:00	8		
41	2150	Peake	Brenda	Airecentre Pacers	F45	32:00	6		
42	2988	Drewe	Liz	Wetherby Runners AC	F40	32:09	9		
43	2462	Underwood	Sarah	Hyde Park Harriers	FSEN	32:14	23		
44	2146	Lund	Sarah	Airecentre Pacers	F45	32:16	7		
45	3097	Aylesbury	Amelie	Harrogate Harriers & AC	FSEN	32:16	24		
46	2623	Sheppard	Amy	Nidd Valley Road Runners	F40	32:17	10		
47	3031	Hayward	Jess	York Postal Harriers	FSEN	32:23	25		
48	2337	Lawrence	Becky	Horsforth Harriers	F45	32:24	8		
49	2106	Evans	Emma	Ackworth Road Runners	F35	32:26	5		
50	2763	Traviss-Turner	Gemma	Roundhay Runners	F35	32:28	6		

51	2954	Siddle	Heidi	Valley Striders AC	F45	32:28	9		
52	3354	Jordan	Hannah	Kippax & District Harriers	FSEN	32:33	26		
53	3388	Bugajska	Kinga	Valley Striders AC	F35	32:38	7	Y	
54	2363	Brown	Emma	Hyde Park Harriers	FSEN	32:41	27		
55	3177	Wix	Emily	Rothwell Harriers & AC	FSEN	32:41	28		
56	2142	Humphries	Kate	Airecentre Pacers	F35	32:57	8		
57	2280	Gill	Sarah	Harrogate Harriers & AC	F55	32:58	1		
58	2241	Sturley	Charlotte	Chapel Allerton Runners	FSEN	32:59	29		
59	1297	Weston	Sarah	Vale of York Athletic Community	F35	33:00	9		Y
60	2147	Marshall-Brooksbank	Molina	Airecentre Pacers	FSEN	33:00	30		
61	2965	Trevorrow	Pip	Valley Striders AC	F45	33:01	10		
62	3010	Charlesworth	Sarah	Wharfedale Harriers	F40	33:04	11		
63	2750	Page	Kerrie	Roundhay Runners	FSEN	33:05	31		
64	2739	Lilley	Alice	Roundhay Runners	FSEN	33:05	32		
65	2713	Blakeley	Alyson	Roundhay Runners	F45	33:11	11		
66	2467	Winning	Eleanor	Hyde Park Harriers	FSEN	33:16	33		
67	2602	Francis	Laura	Nidd Valley Road Runners	FSEN	33:20	34		
68	2083	Smith	Katie	Abbey Runners	FSEN	33:21	35		
69	2820	Willingham	Jen	Saltaire Striders	F40	33:22	12		
70	2684	Hillarby	Cat	Rothwell Harriers & AC	FSEN	33:23	36		
71	2542	Kearns	Rachael	Kirkstall Harriers	FSEN	33:28	37	Y	
72	2508	Follows	Emily	Kippax & District Harriers	F40	33:30	13		
73	2593	Barber	Catherine	Nidd Valley Road Runners	FSEN	33:31	38		
74	3227	Venables	Louise	York Triathlon Club	F40	33:32	14	Y	
75	2341	Miller	Vicky	Horsforth Harriers	F40	33:33	15		
76	2417	Lacey	Indi	Hyde Park Harriers	FSEN	33:34	39		
77	2066	Phillips	Laura	Abbey Runners	FSEN	33:35	40		
78	3381	Anderson	Isabel	Saltaire Striders	F35	33:36	10		
79	2154	Williams	Gina	Airecentre Pacers	F45	33:38	12		
80	2991	Edmondson	Gill	Wetherby Runners AC	F45	33:41	13		
81	3035	Johnson	Amy	York Postal Harriers	F40	33:43	16		
82	2334	Fox	Judith	Horsforth Harriers	F50	33:45	2		
83	2724	Eastwood	Nikki	Roundhay Runners	F55	33:45	2		
84	2029	Haggas	Sarah	Abbey Runners	F45	33:47	14		
85	3340	Roe	Katie	Abbey Runners	F40	33:51	17		
86	3121	Gates	Cara	Hyde Park Harriers	F35	33:56	11		
87	2273	Charleton	Angela	Harrogate Harriers & AC	F50	33:57	3		
88	2322	Shepherd	Tanya	Horsforth Fellandale	F35	34:01	12		
89	3023	Campbell	Diane	York Postal Harriers	F45	34:10	15		
90	2451	Smith	Rosalind	Hyde Park Harriers	FSEN	34:10	41		
91	2382	Draisey	Ruth	Hyde Park Harriers	FSEN	34:11	42		
92	2198	Harrold	Anna	Chapel Allerton Runners	F35	34:14	13		
93	2314	Howroyd	Alissa	Horsforth Fellandale	F40	34:21	18		
94	2558	Sheehan	Therese	Kirkstall Harriers	F35	34:22	14		
95	3248	Deacon	Fiona Jane	Nidd Valley Road Runners	F55	34:23	3		
96	2670	Best	Katie	Rothwell Harriers & AC	FSEN	34:24	43		
97	2917	Gledhill	Steph	Valley Striders AC	F40	34:25	19		
98	2464	Wales	Daisy	Hyde Park Harriers	FSEN	34:25	44		
99	2732	Heaton	Jo	Roundhay Runners	FSEN	34:26	45		
100	2522	Robins	Fiona	Kippax & District Harriers	F45	34:27	16		
101	2075	Roden	Helen	Abbey Runners	F50	34:30	4		
102	2471	Bennett	Alison	Ilkley Harriers	F60	34:32	1		
103	2904	Adams	Liz	Valley Striders AC	F45	34:34	17		
104	2309	Sykes	Joanne	Harrogate Tri Club	F35	34:35	15		

105	2005	Ashworth	Becky	Abbey Runners	FSEN	34:36	46		
106	2945	Robertshaw	Hannah	Valley Striders AC	FSEN	34:37	47		
107	3164	Eden	Laura	Ripon Runners	FSEN	34:40	48		Y
108	2499	Costello	Suzanne	Kippax & District Harriers	F40	34:44	20		
109	2834	Chapman	Sam	St Therasas AC	F40	34:45	21		
110	2320	Muir	Marion	Horsforth Fellandale	F45	34:47	18		
111	2220	Nunn	Katy	Chapel Allerton Runners	FSEN	34:57	49		
112	3119	Culshaw	Robin	Hyde Park Harriers	FSEN	34:59	50		
113	2655	Imeson	Anneke	Ripon Runners	F45	35:03	19		Y
114	2426	Miles	Naomi	Hyde Park Harriers	FSEN	35:03	51		
115	2715	Chivers	Ann	Roundhay Runners	F40	35:04	22		
116	2889	Bennett	Dawn	Vale of York Athletic Community	F40	35:07	23		Y
117	2151	Thomson	Eleanor	Airecentre Pacers	F45	35:17	20		
118	2985	Davey	Jo	Wetherby Runners AC	F50	35:19	5		
119	3214	Bucknell	Julie	Wetherby Runners AC	F45	35:20	21		
120	2959	Sunderland	Sue	Valley Striders AC	F60	35:21	2		
121	3345	Keighley	Holly	Chapel Allerton Runners	FSEN	35:26	52		
122	3392	Gallon	Eleanor	Kirkstall Harriers	F40	35:27	24		
123	2450	Siswick	Fleur	Hyde Park Harriers	FSEN	35:29	53		
124	2359	Blyth	Fiona	Hyde Park Harriers	F40	35:30	25		
125	3187	Hegan	Amy	Roundhay Runners	FSEN	35:31	54		
126	2214	Knowles	Tessa	Chapel Allerton Runners	FSEN	35:37	55		
127	2190	Flatley	Lucy	Chapel Allerton Runners	FSEN	35:37	56		
128	3109	Elliott	Bev	Horsforth Harriers	F45	35:40	22		
129	2289	Moul	Sue	Harrogate Harriers & AC	F55	35:42	4		
130	2533	Denholm	Kat	Kirkstall Harriers	FSEN	35:45	57		
131	2756	Richardson	Grace	Roundhay Runners	FSEN	35:49	58		
132	2409	Houghton	Vicky	Hyde Park Harriers	F40	35:54	26		
133	3033	Hodson	Natalie	York Postal Harriers	F35	35:57	16		
134	2032	Hoang	Dong	Abbey Runners	F45	36:05	23		
135	2333	Fenton	Hazel	Horsforth Harriers	F40	36:13	27		
136	2514	Hunter	Alison	Kippax & District Harriers	F60	36:17	3		
137	2288	Moore	Katie	Harrogate Harriers & AC	FSEN	36:19	59		
138	2386	Evans	Clare	Hyde Park Harriers	FSEN	36:23	60		
139	2803	Nash	Louise	Saltaire Striders	F50	36:24	6		
140	2998	Linford	Josephine	Wetherby Runners AC	FSEN	36:25	61		
141	3034	Holmes	Hannah	York Postal Harriers	FSEN	36:27	62		
142	2555	Robertson	Susie	Kirkstall Harriers	FSEN	36:28	63		
143	2399	Haddon	Julie	Hyde Park Harriers	F50	36:29	7		
144	3141	Kenny	Elsbeth	Kirkstall Harriers	FSEN	36:29	64		
145	2245	Wheatley	Bekki	Chapel Allerton Runners	F40	36:30	28		
146	3247	David	Emma	Nidd Valley Road Runners	F45	36:32	24		
147	2559	Spencer	Collette	Kirkstall Harriers	F50	36:34	8		
148	3400	Holleran	Christine	Nidd Valley Road Runners	F55	36:42	5		
149	2474	Foster	Jo	Ilkley Harriers	F50	36:44	9		
150	2266	Appleby	Rebecca	Harrogate Harriers & AC	FSEN	36:44	65		
151	2067	Rafferty	Helen	Abbey Runners	F45	36:53	25		
152	2191	Forster	Lora	Chapel Allerton Runners	F40	36:59	29		
153	2125	Smith	Emma	Ackworth Road Runners	F45	37:01	26		
154	2110	James	Rose	Ackworth Road Runners	F40	37:03	30		
155	2701	Waite	Sarah	Rothwell Harriers & AC	F35	37:06	17		
156	2317	Kingston	Naomi	Horsforth Fellandale	FSEN	37:09	66		
157	3235	Lane	Emma	Horsforth Fellandale	FSEN	37:12	67	Y	
158	3131	Williams	Ellie	Hyde Park Harriers	FSEN	37:14	68		

159	2465	Williams	Emily	Hyde Park Harriers	FSEN	37:14	69		
160	2771	Walton	Asha	Roundhay Runners	F35	37:15	18		
161	3105	Clarke	Caroline	Horsforth Fellandale	F60	37:19	4	Y	
162	3043	Sleight	Harriet	York Postal Harriers	FSEN	37:19	70		
163	3004	Warner	Emma	Wetherby Runners AC	F45	37:21	27		
164	2466	Wilson	Chloe	Hyde Park Harriers	FSEN	37:22	71		
165	2234	Ross	Shantel	Chapel Allerton Runners	FSEN	37:27	72		
166	2170	Atkinson	Abigail	Chapel Allerton Runners	FSEN	37:27	73		
167	3332	Thompson	Julia	Harrogate Tri Club	F55	37:42	6		
168	3234	Glover	Sarah	Horsforth Fellandale	F40	37:46	31		
169	2361	Brooks	Chloe	Hyde Park Harriers	FSEN	37:46	74		
170	2726	Fraser	Elspeth	Roundhay Runners	FSEN	37:48	75		
171	3356	Smelt-Webb	Caroline	Kirkstall Harriers	F50	37:54	10		
172	2705	Wilson	Trish	Rothwell Harriers & AC	F45	37:58	28		
173	2305	Woodhead	Katharine	Harrogate Harriers & AC	FSEN	38:01	76		
174	2397	Griffiths	Alys	Hyde Park Harriers	FSEN	38:02	77		
175	2951	Segal	Rebecca	Valley Striders AC	FSEN	38:08	78		
176	2905	Ball	Liz	Valley Striders AC	F65	38:12	1		
177	2532	Crossley	Jane	Kirkstall Harriers	F35	38:13	19		
178	2044	Keys	Anna	Abbey Runners	F40	38:19	32	Y	
179	3158	Thomas	Victoria	Nidd Valley Road Runners	F50	38:19	11		
180	2511	Hawking	Veronica	Kippax & District Harriers	F35	38:29	20		
181	2530	Boyles	Lucie	Kirkstall Harriers	FSEN	38:29	79		
182	2979	Bell	Valerie	Wetherby Runners AC	F55	38:32	7		
183	2143	Keene	Catherine	Airecentre Pacers	F35	38:33	21		
184	2257	Johnson	Louise	Dragons Running Club (Leeds)	F40	38:45	33		
185	2995	Johnson	Jo	Wetherby Runners AC	F50	38:47	12		
186	2677	Harrison	Sue	Rothwell Harriers & AC	F65	38:49	2		
187	2391	Forwood	Nicola	Hyde Park Harriers	F35	38:51	22		
188	2504	Durkin	Linda	Kippax & District Harriers	F55	38:52	8		
189	2866	Normanhenney	Hazel	St Therasas AC	FSEN	38:53	80		
190	2171	Austin	Holly	Chapel Allerton Runners	F35	38:55	23		
191	2813	Sroka	Sue	Saltaire Striders	F45	38:55	29		
192	2509	Foulke	Andrea	Kippax & District Harriers	F45	38:56	30		
193	2079	Scott	Katharine	Abbey Runners	F40	38:57	34		
194	2364	Bryant	Danni	Hyde Park Harriers	FSEN	38:57	81		
195	2312	Bithray	Wendy	Horsforth Fellandale	F50	38:58	13		
196	3026	Clark	Amanda	York Postal Harriers	F50	39:00	14		
197	2832	Belford-Mcdowell	Lisa	St Therasas AC	F50	39:00	15		
198	2086	Taylor-Cross	Katie	Abbey Runners	FSEN	39:05	82		
199	2930	Keevash	Becca	Valley Striders AC	F40	39:07	35		
200	2856	Johnson	Laura	St Therasas AC	F40	39:07	36		
201	2808	Shaw	Jenny	Saltaire Striders	FSEN	39:08	83		
202	2197	Grencis	Hannah	Chapel Allerton Runners	FSEN	39:10	84		
203	3064	Power	Jane	York Triathlon Club	F55	39:12	9		
204	2453	Stringer	Karly	Hyde Park Harriers	F35	39:17	24		
205	3401	Smith	Victoria	No Club	FSEN	39:19	85		Y
206	3188	Hirst	Andrea	Roundhay Runners	FSEN	39:20	86		
207	2204	Hinch	Nicola	Chapel Allerton Runners	F45	39:22	31		
208	2850	Hacker	Tanya	St Therasas AC	F45	39:25	32		
209	3124	Jewers	Sarah	Hyde Park Harriers	FSEN	39:26	87		
210	3378	Salvati	Elaine	Wetherby Runners AC	F35	39:32	25		
211	2021	Culkin	Sarah	Abbey Runners	F40	39:32	37		
212	2259	Porter	Emma	Dragons Running Club (Leeds)	F45	39:34	33		

213	2448	Shipp	Ellie	Hyde Park Harriers	FSEN	39:36	88		
214	3086	Bourne	Charlotte	Airecentre Pacers	FSEN	39:40	89		
215	3147	Gibson	Debbie	Nidd Valley Road Runners	F60	39:41	5		
216	2795	Love	Helen	Saltaire Striders	F65	39:42	3		
217	3362	Morison	Linda	Otley AC	F50	39:46	16		Y
218	2406	Hastings	Laura	Hyde Park Harriers	F35	39:48	26		
219	2819	Western	Helen	Saltaire Striders	F50	39:49	17		
220	3371	Smale	Michelle	St Therasas AC	F55	39:49	10		
221	3294	Jones	Sarah	Hyde Park Harriers	FSEN	39:49	90		
222	2980	Britton	Amanda	Wetherby Runners AC	F50	39:50	18		
223	2521	Richardson	Emma-Jane	Kippax & District Harriers	F40	39:51	38		
224	2873	Vaughan	Ruth	St Therasas AC	F45	39:54	34		
225	2375	Crossley-Fells	Ellie	Hyde Park Harriers	FSEN	39:57	91		
226	2162	Ferries	Sarah	Bradford Airedale AC	F35	40:03	27		
227	2442	Roberts	Grace	Hyde Park Harriers	FSEN	40:04	92		
228	2208	Hutton	Rebecca	Chapel Allerton Runners	F50	40:06	19		
229	2223	Owen	Kath	Chapel Allerton Runners	F40	40:07	39		
230	3253	Harlock	Megan	Rothwell Harriers & AC	F40	40:08	40		
231	3318	Ashworth	Kathryn	Abbey Runners	F45	40:09	35		
232	2621	Scott	Ewa	Nidd Valley Road Runners	F50	40:11	20		
233	2927	Johnstone	Vicki	Valley Striders AC	F50	40:12	21		
234	2031	Hindmarsh	Liz	Abbey Runners	F40	40:15	41		
235	2449	Sim	Laura	Hyde Park Harriers	FSEN	40:16	93		
236	2694	Redfearn	Linda	Rothwell Harriers & AC	F45	40:22	36		
237	2721	Cook	Mags	Roundhay Runners	F70	40:24	1		
238	2439	Rhodes	Jo	Hyde Park Harriers	FSEN	40:34	94		
239	3266	Voss	Hannah	Wetherby Runners AC	FSEN	40:35	95		
240	2496	Copley	Clare	Kippax & District Harriers	F40	40:40	42		
241	2706	Allison	Caroline	Roundhay Runners	F55	40:43	11	Y	
242	3172	Keadin-Brown	Patricia	Rothwell Harriers & AC	F45	40:45	37		
243	2529	Barrett	Catherine	Kirkstall Harriers	F40	40:49	43		
244	2730	Hall	Sarah	Roundhay Runners	F40	40:50	44		
245	3338	Fairhall	Sarah	Abbey Runners	FSEN	40:52	96		
246	2324	Barnett	Nicola	Horsforth Harriers	F45	41:06	38		
247	3062	Leech	Katherine	York Triathlon Club	F40	41:15	45		
248	2545	Mclarnon	Shevonne	Kirkstall Harriers	F45	41:24	39		
249	2376	Dang	Rosie	Hyde Park Harriers	FSEN	41:26	97		
250	3085	Wrangles	Gail	Ackworth Road Runners	F50	41:30	22		
251	2553	Oldfield	Alison	Kirkstall Harriers	F50	41:31	23		
252	2731	Head	Christina	Roundhay Runners	FSEN	41:31	98		
253	2091	Whittaker	Liz	Abbey Runners	F55	41:34	12		
254	2976	Rickerby	Jo	Vegan Runners UK	F45	41:35	40		Y
255	2182	Cooper	Anna	Chapel Allerton Runners	F40	41:35	46		
256	2225	Parrini	Sally	Chapel Allerton Runners	F45	41:42	41		
257	2506	Edwards	Hannah	Kippax & District Harriers	F35	41:45	28		
258	3140	Wrigley	Karina	Kippax & District Harriers	F40	41:45	47		
259	3123	Higgins	Anna	Hyde Park Harriers	FSEN	41:45	99		
260	3403	Austen	Lizzie	Abbey Runners	F40	41:46	48		Y
261	2787	Hamilton	Liz	Saltaire Striders	F45	41:46	42		
262	2668	Ballinger	Lauren	Rothwell Harriers & AC	F40	41:51	49		
263	3393	Hulme-Vickerstaff	Lisa	Abbey Runners	F55	41:58	13		
264	2101	Chatwin	Emily	Ackworth Road Runners	FSEN	42:02	100		
265	2578	Harrop	Emma	Knaresborough Striders	F55	42:10	14		
266	3230	Mouncey	Andrea	Bradford Airedale AC	F45	42:23	43	Y	

267	2554	Riach	Emily	Kirkstall Harriers	FSEN	42:30	101		
268	2758	Rogers	Harriet	Roundhay Runners	F45	42:33	44		
269	3347	Ashton	Clare	Dragons Running Club (Leeds)	F45	42:37	45		
270	2104	Copeland	Alice	Ackworth Road Runners	FSEN	42:37	102		
271	3083	Walker	Ruth	Ackworth Road Runners	F40	42:38	50		
272	2094	Bailey	Donna	Ackworth Road Runners	F45	42:39	46		
273	2501	Davies	Iona	Kippax & District Harriers	F35	42:42	29		
274	2345	Smith	Julie	Horsforth Harriers	F40	42:48	51		
275	2815	Thaper	Claire	Saltaire Striders	F40	42:48	52		
276	2540	Hipkiss	Vicki	Kirkstall Harriers	F55	42:49	15		
277	3059	Jones	Rhiannon	York Triathlon Club	FSEN	42:49	103		
278	2062	Oughton	Jane	Abbey Runners	F60	42:53	6		
279	2233	Ross	Heather	Chapel Allerton Runners	F45	43:01	47		
280	3241	Nowak	Madeleine	Hyde Park Harriers	FSEN	43:05	104		
281	2479	Jacques	Helen	Ilkley Harriers	F55	43:13	16	Y	
282	2547	Mingham	Joanna	Kirkstall Harriers	F65	43:27	4		
283	2235	Sargison	Emma	Chapel Allerton Runners	F40	43:28	53		
284	2568	Daniels	Sally	Knaresborough Striders	F50	43:30	24		
285	2874	Wilson	Clare	St Therasas AC	F45	43:32	48		
286	3259	Wood	Kerry	Saltaire Striders	F45	43:37	49		
287	3313	Fotherby	Pascale	Valley Striders AC	F40	43:40	54		
288	2851	Hattrell	Becca	St Therasas AC	FSEN	43:43	105		
289	2729	Gibson	Lindsey	Roundhay Runners	F40	43:59	55		
290	2549	Moran	Carol	Kirkstall Harriers	F60	44:00	7		
291	2347	Thorp	Pauline	Horsforth Harriers	F60	44:05	8		
292	3159	Wighton	Emily	Nidd Valley Road Runners	FSEN	44:10	106		
293	2105	Copeland	Caroline	Ackworth Road Runners	F45	44:15	50		
294	2077	Salih	Jasmine	Abbey Runners	F50	44:21	25		
295	2159	Chadwick	Jasmin	Bradford Airedale AC	FSEN	44:36	107		
296	3095	Steele	Julie	Eccleshill Road Runners	F60	44:38	9		
297	2535	Glover	Alyson	Kirkstall Harriers	F55	44:44	17		
298	2129	Tombs	Gail	Ackworth Road Runners	F70	44:47	2		
299	2358	Beddow	Helen	Hyde Park Harriers	FSEN	44:57	108		
300	2561	Taylor	Samantha	Kirkstall Harriers	F35	45:17	30		
301	2144	Keighley	Carole	Airecentre Pacers	F60	45:32	10		
302	3314	Sabourn	Jillian	Valley Striders AC	F55	45:57	18		
303	2519	Pell	Valerie	Kippax & District Harriers	F65	46:05	5		
304	2840	Fletcher	Lynn	St Therasas AC	F70	46:11	3		
305	2584	Rockall	Kerry	Knaresborough Striders	F40	46:21	56		
306	2097	Berry	Wendy	Ackworth Road Runners	F60	46:24	11		
307	2118	Middleton	Carol	Ackworth Road Runners	F60	46:59	12		
308	2650	Dickinson	Kate	Ripon Runners	F35	47:01	31		Y
309	2778	Bugg	Sheila	Saltaire Striders	F50	47:01	26		
310	3202	Hector	Donna	Saltaire Striders	F45	47:26	51		
311	2167	Allen	Elizabeth	Chapel Allerton Runners	F50	47:31	27		
312	3310	Mcmorran	Lindsay	St Therasas AC	F35	47:32	32		
313	2809	Shazad	Humera	Saltaire Striders	F50	47:42	28		
314	3074	Persico	Lisa	Abbey Runners	F45	47:55	52		
315	2119	Morris	Sally	Ackworth Road Runners	F55	47:58	19		
316	2605	Hornsby	Jill	Nidd Valley Road Runners	F65	48:04	6		
317	3166	Walburn	Annette	Ripon Runners	F60	48:30	13		Y
318	2181	Connolly	Belinda	Chapel Allerton Runners	F60	48:50	14		
319	2493	Wright	Sally	Ilkley Harriers	F60	49:00	15		
320	2116	Mckinnell	Amanda	Ackworth Road Runners	F65	49:02	7		

321	2839	Fallon	Lynne	St Therasas AC	F70	49:04	4		
322	2800	Mistry	Urmila	Saltaire Striders	F60	49:09	16		
323	3065	Schofield	Emily	York Triathlon Club	FSEN	49:10	109		
324	2481	Lambert	Sarah	Ilkley Harriers	F35	49:29	33	Y	
325	2625	Smith	Michelle	Nidd Valley Road Runners	F50	49:32	29		
326	2010	Bastin	Katie	Abbey Runners	FSEN	50:13	110		
327	2177	Brunning	Emma	Chapel Allerton Runners	F40	50:21	57		
328	2149	Owens	Melissa	Airecentre Pacers	F55	50:32	20		
329	3054	Holmes	Rachael	York Triathlon Club	FSEN	50:43	111		
330	2082	Smith	Judith	Abbey Runners	F65	51:17	8		
331	2591	Ahmad	Liz	Nidd Valley Road Runners	F65	51:44	9		
332	3057	Huxford	Lizzy	York Triathlon Club	F35	52:09	34		
333	2805	Pepper	Sheila	Saltaire Striders	F70	52:11	5		
334	2708	Archibald	Avril	Roundhay Runners	F40	53:06	58		
335	2679	Harvey	Anna	Rothwell Harriers & AC	F35	54:13	35		
336	3240	Jones	Liz	Hyde Park Harriers	F60	55:03	17		
337	2981	Callaghan	Melanie	Wetherby Runners AC	F55	55:31	21		
338	3217	Magnus	Victoria	Wetherby Runners AC	F35	55:32	36		
339	3052	Crossley	Hannah	York Triathlon Club	FSEN	55:53	112		
340	3333	Cross	Stella	North Leeds Fell Runners	F60	59:25	18		Y
341	2355	Akers	Anne	Hyde Park Harriers	F60	59:46	19		